

Under 'FIT INDIA MOVEMENT' Sir Chhotu Ram Institute of Engineering and Technology, C. C. S. University, Meerut is organizing a blood donation camp.

Please join and be a life saver.

Venue: SCRIET Administrative Block

Date: 19 February; Time: 1:30 pm onwards

Director, SCRIET



BLOOD DONATION CAMP

**19 FEBRUARY 2020
(WEDNESDAY)
1:30 PM ONWARDS**

THINGS TO DO BEFORE BLOOD DONATION

**56 DAYS
AFTER
LAST
DONATION**

**BRING YOUR
ID**

**EAT AND
DRINK
ENOUGH**

**STAY
HYDRATED**

**ARRIVE
RESTED**

A GIFT STRAIGHT FROM YOUR HEART

**Why to give blood?
The question is, why not to give blood ?**

- It is harmless for the donor.
- It saves lives.
- It is not more painful then losing a loved one that you may save by donating .
- It is your civic duty.
- Maintaining an adequate blood supply in our community secures blood transfusions for patients.
- Someday, you and your loved ones may need someone to do the same for you.
- It gives donor a medical check at no cost.
- It gives satisfaction of helping others.
- You can't discover a cure for cancer, but you can help keep someone alive who is waiting for a cure.



VENUE

**SIR CHHOTU RAM INSTITUTE OF ENGINEERING AND TECHNOLOGY
(ADMINISTRATIVE BLOCK)
CHAUDHARY CHARAN SINGH UNIVERSITY
MEERUT**